

# IMPROVISATION LEARNING CYCLE

start here  
↓

**PLAY** intuitively

i.e., play without thinking  
about what you are doing  
(hear sounds, don't compute them!)

**performance  
mode**

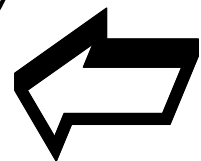


**practice  
mode**

(conscious application  
of assimilated material)

**APPLY**

application  
internalisation  
assimilation



**INPUT**

theory  
active listening  
emulation

**CONSTANT  
IMPROVEMENT IN  
COMPETENCE!**

We strive to perform without conscious thought. But to develop our playing we must absorb new ideas in a conscious way through repeated practice. Over time these ideas will become intuitive and will occur to us without conscious thought. This process will also help us to create ideas which are not directly related to the material learned... true improvisation. When we play we should declare to ourselves which mode we are working in at that particular moment; performance or practice.

mike hall, 2007